



EAT SMART WITH THE LUNCH BUNCH

ea catering

P5-p7 WEEK 2

Served weeks commencing:

26 February, 25 March,

22 April, 20 May, 17 June

9 September

MONDAY

MAIN COURSES

Baked Pork Sausages &
Gravy

SIDES

Garden Peas

And

Chipped Potatoes

DESSERT

Ice-Cream & Two Fruits

TUESDAY

MAIN COURSES

Cheese + Tomato Pizza
OR
Pizza Wrap

SIDES

Sweetcorn

And

Oven Roasted Garlic &
Paprika Wedges

DESSERT

Jaffa Cake Pots

WEDNESDAY

MAIN COURSES

Breaded Fish
&
Lemon Mayo

SIDES

Garden Peas + Diced Carrots

And

Mashed / Baby Potato

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast of the Day, Chicken
Stuffing & Gravy

SIDES

Fresh Vegetables in Season

And

Mashed / Oven Roast Potato

DESSERT

Fresh Fruit Salad & Yoghurt

FRIDAY

MAIN COURSES

Beef Burger / Bean Burger
in Bap with Onions

SIDES

Corn on the Cob

And

Chipped Potato

DESSERT

Lemon Shortbread &
Melon Wedge