



EAT SMART WITH THE LUNCH BUNCH

ea catering

P5-p7 WEEK 1

Served weeks commencing:

19 February, 18 March,
15 April, 13 May, 10 June,
2 September, 30 September

MONDAY

MAIN COURSES

Golden Crumbed Fish Fingers

SIDES

Sweetcorn

And

Chipped Potatoes

DESSERT

Ice-Cream with Pears &
Chocolate Sauce

TUESDAY

MAIN COURSES

Savoury Mince
OR
Cottage Pie

SIDES

Spring Greens Beans

And

Mash Potatoes

DESSERT

Summer Fruit Cheesecake

WEDNESDAY

MAIN COURSES

Beef Meatballs with Tomato &
Basil Sauce

SIDES

Baton Carrots

And

Steamed Rice / Pasta Spirals

DESSERT

Chocolate Sponge & Custard

THURSDAY

MAIN COURSES

Roast of the Day,
Gammon and Gravy

SIDES

Fresh Vegetables in Season

And

Mashed / Oven Roast Potato

DESSERT

Krispie Square

FRIDAY

MAIN COURSES

School "Chippy Day"
Chicken Goujons

SIDES

Baked Beans / Mushy Peas

And

Chipped Potatoes

DESSERT

Frozen Fruit Yoghurt