



EAT SMART WITH THE LUNCH BUNCH

ea catering

P1-p4 WEEK 2

Served weeks commencing:

26 February, 25 March,
22 April, 20 May, 17 June
9 September

MONDAY

MAIN COURSES

Baked Pork Sausages &
Gravy

SIDES

Baked Beans / Garden Peas

And

Chipped / Baked Potato

DESSERT

Ice-Cream & Two Fruits

TUESDAY

MAIN COURSES

BBQ Pulled Pork Pizza Wrap

SIDES

Sweetcorn / Baton Carrots

And

Boiled Rice / Oven Roasted
Garlic & Paprika Wedges

DESSERT

Jaffa Cake Pots

WEDNESDAY

MAIN COURSES

Breaded Fish & Lemon Mayo

SIDES

Garden Peas / Diced Carrots

And

Mashed / Baby Potato

DESSERT

Fruit Sponge & Custard

THURSDAY

MAIN COURSES

Roast of the Day, Stuffing &
Gravy

SIDES

Fresh Vegetables in Season

And

Mashed / Oven Roast Potato

DESSERT

Fresh Fruit Salad & Yoghurt

FRIDAY

MAIN COURSES

Beef Burger / Bean Burger
in Bap with Onions

SIDES

Corn on the Cob / Pasta
Salad

And

Chipped Potato / Steamed
Rice

DESSERT

Lemon Shortbread &
Melon Wedge